**Book Report Guidelines**

The book report is on the required reading only which is:

[**Healing The Total Self by Dr. Rachel Eva Dew**](https://drracheldew.com/shop/healing-the-total-self-book/)

<https://drracheldew.com/shop/healing-the-total-self-book/>

Your book report must be a minimum of one page. We are not concerned with structure, only content. Your book report should include a summary of what the book was about and how it applies to somatic work.